



Art Breaks Volunteer Role

Overview

Art Breaks are creative workshops that give children the opportunity to work in collaboration professional artists and experience art as a tool for exploration, communication and self-expression. The children and young people that access Art Breaks are at the centre of the project. Their response to the environment shapes the project and how it develops. This personalised approach creates a sense of identity and ownership not only over the work that they make but also the environment they are in.

Volunteering with us

This is an opportunity to work alongside a team of highly skilled artists and specialist support workers in a creative and supportive environment. You will gain experience of working with children and young people with complex support needs and building stimulating and engaging environments for creative freedom and play. The project invites whole families to join the workshops, which include children both with and without disabilities.

*As a volunteer for Art Breaks we would require a commitment of **3 days** on a school holiday project or **4 consecutive Saturdays**.*

You will experience:

- Working as part of a creative team
- Assisting with the set-up of sessions.
This involves materials and environmental preparation as well as tidying and organising the studio at the end of the day
- Supporting families and children with complex needs to explore and create.
- Working in a child led environment.
- An insight into the lives of children with complex needs and the barriers they face.

What you can bring:

- An arts, education or social care background
- A keen team-player
- Enthusiasm and energy
- A calm and flexible approach to working with children with varying needs
- An openness to learning and following artists lead