

Support Collective films: Family Stories

Accompanying Resources

Film 1: Meet Mandy and Gabby

In this film Mandy talks about living together as a family, what creative practice means to them, the way neurodivergent people are seen in society and how this has changed over time.

Watch the film <https://projectartworks.org/resources/family-stories/>

Related resources:

- Understanding autism and neurodiversity: <https://www.learningdisabilitytoday.co.uk/a-beginners-guide-to-neurodiversity>
- Easy read information and videos about Autism: <https://www.nhs.uk/conditions/autism/easy-read-and-videos/>
- Social History of Learning Disability (Please note: use of outdated terms which some readers may find upsetting): <https://langdondownmuseum.org.uk/the-history-of-learning-disability/social-history-of-learning-disability/>
- <http://www.open.ac.uk/health-and-social-care/research/shld/timeline-learning-disability-history>

Glossary of terms:

- **Neurodiversity:** describes the diversity of human brains and minds. The term was coined by sociologist Judy Singer in the 1990s, to promote acceptance of and respect of neurological diversity.
- **Complex needs:** embraces a number of neurodiverse states of being such as severe learning disability and/or autism and/or cognitive impairments and/or behaviours described as challenging that combine to produce multiple and intersecting support needs.
- **Challenging behaviour:** used to be described as 'problem behaviour' or 'difficult behaviours' or socially 'unacceptable behaviour'. In recent years the term challenging behaviour reflects the fact that some behaviour can be a challenge to parents, carers and professionals. That means the person showing this behaviour is not a 'problem' to be fixed or doing something 'wrong' but rather it is a sign that something isn't working.

For more information about these resources or the Support Collective, please contact Esther Springett esther@projectartworks.org.